

Coaches Education & Professional Development Information

The Oregon Athletic Coaches Association (OACA) has been an integral partner with Oregon coaches for over 75 years. **The OACA is committed to serve its members by promoting:**

- Education through athletics and coaching which will enhance a positive experience for coaches and athletes.
- Coaching Profession certification.
- Enhancement and support of the Coaching Profession.

Thus Professional Development in our state coaches has long been a goal of our organization. Last spring, we met with Tom Welter, Executive Director of the OSAA, to discuss possible funding for the current and added NFHS online courses for coaches education. We stressed our strong view that coaches should continue their professional growth and OSAA funding would send a “good message” of their support for continued coaching education. Coaches are now eligible for 50% reimbursement of the course fee if they are a member of the Oregon Athletic Coaches Association. This program is certainly a win, win for our coaches, athletes, schools and their communities.

Present Requirements in Order to Coach High School Sports in Oregon:

- Certification through NFHS Coaches Education program (one time requirement)
- Online Concussion Management Class (required annually)
- Online Steroid Training and Assessment Class (required once every four years)- ****Cheerleading Coaches Only**** Safety Clinic (required annually)
- First Aid/CPR Certification (per school district policy)

The National Federation of High Schools has created a **certification program that includes completion of three courses:** the Fundamentals of Coaching course (currently mandatory for Oregon High School Coaches), A First Aid certification (Mandated in most school districts), and an NFHS core course (Sport Specific and selected elective courses). **Currently Oregon Coaches meet two of the three requirements.**

To further professional development, this past spring the OACA proposed to the OSAA to help fund sport specific courses and selected electives. The proposal would allow current Oregon Athletic Coaches Association members to be **eligible to apply for financial assistance when taking NFHS online courses.** The NFHS has produced 18 additional courses to help promote coach certification accreditation and professional development.

Starting this school year, the OSAA will set aside **\$20,000** to help assist coaches in taking any of the following courses. **Upon completion, the OSAA will reimburse 50% of the cost of the course to any coach who is a member of the OACA.**

We highly recommend that coaches take advantage of this program. These are exceptional courses for all coaches, no matter their experience. All a coach needs to do is successfully complete the course and send proof of completion to the OSAA office.

1) See below a listing of NFHS Learn courses that are eligible.

2) To see course overviews and to register, go to the following website - <http://nfhslearn.com>

NFHS Online Courses:

NFHS Core Courses	Sport-Specific Courses	Elective Courses	FREE Courses
First Aid for Coaches	Basketball	Coaching Sports in Middle School	Concussion in Sports - What You Need To Know
	Football	Engaging Effectively With Parents	Sportsmanship
	Soccer	Health and Wellness: A Coach's Guide to Hydration, Nutrition and Supplements	The Role of the Parent in Sports
	Softball	NCAA Eligibility Center Coaching Education	
	Spirit	Teaching and Modeling Behavior	
	Track and Field	Teaching Sports Skills	
	Wrestling		
	Volleyball		