



OACA Newsletter

SPRING 2009

DIRECTOR'S CORNER

Marv Heater, Co-Director

It has been another fine year for the Oregon Athletic Coaches Association. So many good things continue to happen, thanks to our Board and all of you who are part of this organization. Our **Gold Card Membership** was the largest ever, we added two fine new sponsors with MaxPreps and Neff, had our first Basketball Clinic in recent years, helped sponsor a baseball clinic and are looking forward to a summer Volleyball Clinic. Our OACA/Nike Football Clinic had another very good year and we were once again able to give eight (8) \$1000 scholarships. The Coaches Banquet honored 85 coaches and special awardees this spring and hosted over 240 members, friends and families at the 17th annual COTY event.

Special Thanks

Because of my struggle with a hip operation gone bad last year, I have not been able to be at full speed (injured reserve) most of this past year.

Our Co-Director and my great friend Dave Johnson stepped up to the plate and handled many of the duties along with lots of help from the Board....My sincere thanks to Dave as well as President, **Greg Letts**, OSAA Rep, **Rob Younger** and the rest of the Board who with many others kept this organization running smoothly. A special thanks to **Suzette Livingston**, our Administrative Assistant, who has also done much extra work in making the organization special.

A special thanks to our 4A Board Rep., **Mark Henderson** who has so ably represented us on the Classification Committee this past year. Also, thanks for a job well done to **Gary Hull**, Western Mennonite and **Vic Lease**, Santiam, who are both going off the board this year.

WARMY ON ROKO ROT SMICOOO Z-KRMS

DIRECTOR'S CORNER

Dave Johnson, Co-Director

It was another exciting year in Oregon Prep Sports with great efforts from many athletes, coaches, teams, schools and community members. We recently finished the 3rd year of the re-classification system which seems to work well for most schools. We are often reminded that high school sports are special and that the privilege of participation should never be taken for granted. We salute the many coaches who give extra efforts to enhance the experience for their high school participants. The power of words by coaches can certainly make a difference in an athlete's life.

We have already heard many favorable comments regarding the first moratorium (dead) week scheduled for the first week of August. This concept began several years ago with our OACA Executive Board because of a concern for coach's burnout and summer conflicts. The OSAA proposed and passed a very similar rule to be in effect this summer. Many states have similar dead week(s) in their summer or school year calendars. This adjustment may seem more difficult for fall sports but in the long run coaches, athletes and parents know that there is one week in the summer that may allow some free time for all.

We want to again offer a huge Thank You and Roses to the OSAA and their awesome staff for conducting the many State Playoff events. We (OACA) enjoy our positive working relationship with Tom and his staff. We are fortunate here in Oregon to have a wonderful working partnership with OSAA, OADA (Oregon Athletic Directors) and OAOA (Oregon Athletic Officials Association).

We always need to all remember that sponsors for all organizations are essential in offsetting operational costs. Without US Bank and Les Schwab supporting the OSAA there would be very few playoff situations for schools. This sponsor support for our OACA is also essential for the benefits of membership to our over 3400 members. Please take time to get involved with our sponsors listed in our newsletter.

I just finished reading a great motivational book by former Indianapolis Colts Head Football Coach Tony Dungy called *Uncommon*. It has some great information for coaches in any sport or level. He speaks of the Keys for Developing Your Core: 1. Remember that what you do when no one is watching matters. 2. The means matter as much as the ends, if not more. 3. Hang in there. Character is revealed through adversity. 4. Often we grow as much through the little things as we do through the big ones. 5. Truth is critical. Being truthful is too. 6. Don't rationalize your way around honesty. 7. Don't blow your won horn. 8. Don't be falsely modest, you have amazing gifts. Just recognize that others do too. 9. You are important, but not indispensable. The same goes for others. See yourself as a significant part of the process. 10. Be careful what you do with your resources, gifts, time and talents. You've been entrusted with them. 11. Some of the most rewarding times in life are when you have to stand alone, even if you are uncomfortable doing so. 12. Life is hard. Courage is essential. 13. NEVER GIVE UP, NEVER!

You have a great summer and do something good for yourself and also take time to smell the roses.

MEMBERSHIP 2009-2010

Even though our schools are facing the burden of doing more with less, we look forward with optimism to the coming year. It does mean that we need to emphasize more what our membership and its benefits mean to our coaches. Please take a moment to read below the summary of benefits provided by the OACA. We here at the OACA encourage you to renew your Membership for the 2009-2010 school year.

Insurance

There are many advantages of belonging to the OACA but the one we would emphasize at this time is our **\$1,000,000 Liability Insurance Program**, a coverage so essential to coaches. There was a tragic event in Kentucky last year which ended in a several million dollar litigation against a football coach. Unfortunately, this coach had failed to sign up with his Association's membership and was without coverage. His assistant coaches were all members. **This was an isolated incident but one that could happen to any coach.**

We also now provide an **Accidental \$5000 24/7 Life Benefit**, on or off the job.

We'd like to also remind you that you are covered for **all camps and other coaching programs** during off season and summer.

Gold Card Membership, allows admission to all OSAA playoff and championship events is a great bargain. The **Oregon Coaches Directory**, (a \$25 value) is included with membership. Recognition of **Years of Service; Coach of the Year** recognition and awards for both State and National level; **Coach of the Year Banquet**; free or reduced admission for many **college activities/events**; discounts at **Coaching Clinics** and **eight \$1000 Scholarships** for sons and daughters of coaches who are members, are all benefits of belonging to the OACA.

2009-2010 MEMBERSHIP CARDS CAN BE PURCHASED IN AUGUST!!

You may order membership cards online anytime during the summer but will not receive your card until after **August 1**. Membership reminders will be mailed in early August....

For the quickest turnaround, apply online at www.oregoncoach.org.

2009 OACA Banquet

It was another exciting Coach of the Year Banquet as we completed our 22nd annual event. It was back in May of 1987, under the guidance of President Linda Shanahan, that we first celebrated a year end banquet to recognize Oregon Coaches. It has been held every year since. The first five years it was held on the University of Oregon campus in the Student Center. In 1992, we held our first event in the Casanova Center and have been fortunate to use their excellent facilities ever since.

Many awards were given at this years banquet. Over 85 individuals were honored on May 23, 2009. The following is a summary of the recognition given to our Oregon Coaches.

The National Federation Section 8 Coaches were announced. The Sectional Award winners are among the top eight in their sport in the United States.

NFHSC SECTION 8 COACHES OF THE YEAR

Mark Henderson, Football—Junction City HS
Tom Johnson, Boy's Basketball—Barlow HS
Al Skinner, Baseball—Glide HS
Justin Kerr, Boy's Soccer—Oregon Episcopal
Dennis Rector, Boy's Golf—W. Albany HS
Jeff Wood, Boy's Tennis—Jesuit HS
Rod Harman, Boy's Swimming & Diving—Southridge HS
Cindy Anderson, Girl's Basketball—Wilsonville HS
Bobbie Steninger, Girl's Track—Lakeview HS
Brian Taylor, Girl's Soccer—Cleveland HS
Coleen Davis, Girl's Tennis—Oregon Episcopal
Melinda Miller, Girl's Swimming & Diving—Westview HS
Dan Friedhoff, Girl's Golf—St. Mary's Academy



2009 OACA Banquet

Two coaches were honored as the National Coach and #1 in their sport in the nation. **Rod Harman, Boys Swimming Coach from Southridge HS** is a 55 year veteran in the sport and one who has been named a National Coach once before. **Brian Taylor, Girls Soccer Coach from Cleveland HS** is a winner of five PIL Coach of the Year titles.

Many other special awards were given. **Ryan McIrvinn, McMinnville HS** was named **Assistant Coach of the Year** and **Bart Baldwin, Willamina MS** was named **Jr./Middle School Coach of the Year**.

Contributor Awards were given to outgoing OACA President **Greg Letts** and to Boy's Basketball All-Star Game organizer **Dave Garvin** for their outstanding contributions through the years to the Oregon Athletic Coaches Association.

Larry Knudsen, OACA Past President and Les Schwab Bowl coordinator since 1994 was given the **Marv Heater Distinguished Service Award** for his long and dedicated service to the OACA.

Officials of the Year Awards were presented to long time football & basketball official **Roy Hart**...and long time wrestling official **Rick Wallace**.

A new award was given at this year's banquet by the Oregon Athletic Officials Association, the **Coach of the Year Award**. This award, chosen by the Official's Association was presented to **Rob Younger**, OACA Past President & OSAA Rep, for his positive work with officials.

Eight \$1000 OACA Scholarship Awards were given to the following graduating seniors.

Kayla Heath, Phoenix HS
Erin Hedrick, Eagle Point HS
Sloan Storie, Corvallis HS
Courtney Toney, Burns HS

Jonathan Dallas, SW Christian HS
Zach DuFault, South Salem HS
Scott Morse, Cascade Christian HS
Sam Settelmeyer, Cottage Grove HS



2008-09 STATE COACHES OF THE YEAR

BASEBALL

6A John Arntson, Clackamas HS
5A Don Senestraro, Ashland HS
4A Ken Riley, Newport HS
3A Kevin Feist, Burns HS
2A/1A Ryan Miller, Portland Christian HS



BASKETBALL, BOYS

6A Gene Potter, Jesuit HS
5A Scott Kellar, Century HS
4A Bryan Wood, Brookings-Harbor HS
3A Brian Morse, Cascade Christian HS
2A Craig Cokely, Knappa HS
1A Kyle Dixon, Powder Valley HS



BASKETBALL, GIRLS

6A Steve Eastburn, South Eugene HS
5A Paul Brothers, Lance Haas, Willamette HS
4A Kim Beer, La Pine HS
3A Alice Herauf, Burns HS
2A Joy Lease, Santiam HS
1A Lance Homan, Joseph HS



CROSS COUNTRY, BOYS

6A Tom Rothenberger, Jesuit HS
5A Justin Loftus, Crater HS
4A Stan Goodell, Hidden Valley HS
3A-1A Steve Sheehy, Union HS



CROSS COUNTRY, GIRLS

6A Tom Rothenberger, Jesuit HS
5A Dave Clark, Summit HS
4A Chris Johnson, Siuslaw HS
3A-1A Joe Volk, St. Mary's HS



FOOTBALL

6A Brad Mastrud, Southridge HS
5A Justin Starck, Thurston HS
4A Howard Rub, Astoria HS
3A Monty Nash, Grant Union HS
2A Aaron Thorton, Knappa HS
1A Lee Lowe, Imbler HS

GOLF, BOYS

6A Jay Minsker, Jesuit HS
5A Dennis Rector, West Albany HS
4A Ryan Baker, Don Manly, Marist HS
3A-1A Roger Allcroft, Westside Christian HS

GOLF, GIRLS

6A Dan Friedhoff, St. Mary's Academy
5A Candice Brink, Bend HS
4A-1A Mary Flande, Sisters HS

SOCCER, BOYS

6A Mandolis Tjuanakis, Grant HS
5A David Peterson, Churchill HS
4A Brian Fish, Cottage Grove HS
3A-1A Aaron Lewis, Portland Christian HS

SOCCER, GIRLS

6A Michelle Scifo, Lincoln HS
5A Bob Welch, Bend HS
4A-1A John Williams, Philomath HS

SWIMMING, BOYS

6A Melinda Miller, Westview HS
5A Amy Halligan, Summit HS
4A-1A Doug Pearnig, Sweet Home HS

“Leadership, like coaching is fighting for the hearts and souls of men and getting them to believe in you.”

- Eddie Robinson

2008-09 STATE COACHES OF THE YEAR

SWIMMING, GIRLS

6A Marisa Cranswick, St. Mary's Academy

5A Rex Watkins, Crescent Valley HS

4A-1A Mike Cobarrubias, Marist HS



SOFTBALL

6A Clay Rounsaville, Grants Pass HS

5A Chris Arnold, Crater HS

4A Bob Hammitt, Marist HS

3A Roni Illias, Valley Catholic HS

2A-1A Steve Robertson, Union HS



TENNIS, BOYS

6A Jeff Wood, Jesuit HS

5A Steve Hirons, Churchill HS

4A-1A Brian Parrot, Oregon Episcopal



TENNIS, GIRLS

6A Kirsten Ruchaber, Jesuit HS

5A Kevin Collier, Bend HS

4A-1A Coleen Davis, Oregon Episcopal



TRACK & FIELD, BOYS

6A Sherry Gustafson, Barlow HS

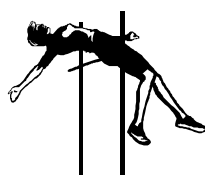
5A Fran Worthen, Marshfield HS

4A Billy Snow, Sweet Home HS

3A Don Wayne, Vale HS

2A Andrew Jannsen, Portland Christian HS

1A Dawna Stutzman, SW Christian HS



TRACK & FIELD, GIRLS

6A Brian Valley, Jesuit HS

5A Dave Turnbull, Summit HS

4A Ron Smith, Henely HS

3A Lerry Baker, Catlin Gabel HS

2A Renee Stephenson, Oakridge HS

1A Jennifer Holycross, Sherman HS

VOLLEYBALL

6A Teresa Zimerlee, Jesuit HS

5A Rosie Honl, Crook County HS

4A Claudine Mendazona, Central HS

3A Matt Leichty, Sheridan HS

2A Sherrie Bashaw, Blanchet HS

1A Jennifer Teeter, Imbler HS

WRESTLING

6A Kary Hadden, Sprague HS

5A Curt Berger, Hermiston HS

4A Pete Lucas, Henley HS

3A Phillip Lopez, Reedsport HS

2A-1A Jeff Cardwell, Lowell HS

"Make sure that team members know they are working with you, not for you."

- John Wooden

2009-2010 OACA OFFICERS

President - Cindy Anderson, Wilsonville HS

Secretary - Tony Koontz, Harrisburg HS

Vice President - Mark Henderson, Junction City HS

Past President - Greg Letts, Centennial HS

MEMBERS AT LARGE

1A Rep. - Kelly Darden, Dufur HS

2A Rep.- Kyle Cowan, East Linn Christian HS

3A Rep.- Kim McLain - Santiam Christian HS

4A Rep. - TBA

5A Rep. -John Beck, Crater HS

6A Rep.-Pat Coons, Westview HS

Women's Leadership Network - Joan Kintz, Gladstone HS

OSAA LIAISON

Rob Younger, Sweet Home HS

OADA LIAISON

Craig Rothenberger, Junction City HS

Jerry Hauck, Past President, Advisory/Basketball Clinic

Larry Knudsen, Past President, Advisory/Les Schwab Bowl

OACA EXECUTIVE CO-DIRECTORS

Marv Heater & Dave Johnson

Suzette Livingston, Administrative Assistant

Website: www.oregoncoach.org



UPCOMING CLINICS

We are excited about our clinics for next year and hope that you will get involved.

VOLLEYBALL

OSU will have 2 top Oregon High School Volleyball Coaches speaking at the OSU VOLLEYBALL CLINIC this summer, July 24 & 25. They are **Carl Neuberger**, West Linn HS and **Kim McLain**, Santiam Christian HS. Go to our website, www.oregoncoach.org and look under clinics for more information.

BASKETBALL

Our 2nd annual OACA/NIKE BASKETBALL CLINIC will be held on October 9th, 2009 at Westview HS. We will have speakers from Oregon High Schools and Colleges. More information will be available on our website in August.

FOOTBALL

Our annual NIKE/OACA FOOTBALL CLINIC is our main fundraiser for the OACA and will be held March 5-7, 2010 with many outstanding speakers. Information will be available on our website in November.

BASEBALL

We also helped support the OREGON BASEBALL COACHES CLINIC conducted by Eric Dazey, Corvallis HS, which will be held in January, 2010. More information will be available on our website at a later date.

“How do you go from where you are to where you want to be? I think you have to have an enthusiasm for life. You have to have a dream, a goal and you have to be willing to work for it.”

-Jim Valvano

THANK YOU TO OUR SPONSORS

Sponsors are a very important part of our organization. They provide funds for us to keep our membership at a lower rate, which includes liability (\$1 million) and accidental life insurance (\$5000) and other important benefits. MaxPreps, Gatorade and Neff are our 3 financial top sponsors. We also appreciate the support of Prime Time Sports, Wilson/OSAA and the vendors that display at our clinics.

GATORADE does a wonderful job of contributing funds to our Oregon Athletic Coaches Association and offers many reduced purchase programs through our web site at www.oregoncoach.org. Please support Gatorade by using their products.

PRIME TIME SPORTS owned by **John McCallum and Gerrit Wood** also contribute funds to the OACA and do a great job in management of the Les Schwab Bowl. This game features 5A/6A football All-Stars from Oregon High Schools. The OACA is involved in the selection of the coaches who in turn select the players. Prime Time Sports manages the game/teams while the players/coaches stay in the Portland area with the final contest at PGE Park.

We also appreciate the support of **WILSON ball** products and the **OSAA** as they provide the many door prize gifts at our annual OACA Coach of The Year Banquet.

MaxPreps joined us last year as an excellent sponsor. **Brandon Bowling** has worked hard to get schools involved in an outstanding athlete and team recognition program. Most all high schools in California and several other states are now using this site. We would like to encourage all Oregon coaches to get involved with this program. They provide significant funds to us (OACA) so that we can offer 8 \$1000 each year to graduating children of our members along with many other benefits. Look at the web site at www.maxpreps.com and contact Brandon Bowling, bbowling@maxpreps.com. This technology is the way to enhance your teams stats and highlight your team and players.

Neff Company with **Steve Hunker** provided all of our plaques for our annual Coach of the Year Banquet held again in Eugene this past May. The plaques were outstanding and added to the class of our banquet. We appreciate Steve and Neff for stepping forward to help support our Oregon Athletic



TO: OACA MEMBERS

FROM: MAXPREPS

Coaches,,

The 2008-09 year was fantastic beginning with the relationship between the OACA and MaxPreps. We would like to thank all of the coaches and administrators that have jumped on board and taken advantage of the services that MaxPreps provides! We had a growth of over 125% in Oregon High School Coach Participation and look forward to really making stride this fall and into the winter. The OACA staff, its Executive Board and many others have been very supportive of MaxPreps and I welcome you to speak to the OACA and its Sport Chairs about the service!

With Fall sports right around the corner, I want to first thank the Baseball coaches who really took a major interest in MaxPreps this spring. I am glad that you enjoy the site and the feedback has been fantastic! We are also glad that we were able to help get some boys to PGE Park for the Home Run Derby. It's been a great ride thus far!

Fall coaches

I will be sending all of you your free username and passwords for the 2009 Football and Volleyball seasons. We are very excited about working with both Football and Volleyball in the coming months! If you have any questions regarding MaxPreps please feel free to contact me directly at bbowling@maxpreps.com or at 1-800-329-7324, ext. 162. I would really like to hear from some of you regarding questions with the site and would be more than happy to give you a free demo on how it all works!

CHECK OUT WHAT MAXPREPS IS DOING FOR OREGON HS BASEBALL AT THIS SITE:

<http://www.portlandbeavers.com/promos/homerun/>

You can also contact Dave Johnson/Marv Heater at the OACA office for details on MaxPreps.

Yours in Sport,

Brandon Bowling

Field Marketing Manager/Oregon



2008-09 All-Sports Standings

6A TOP FIVE BOYS

Jesuit 99
South Eugene 45
Roseburg 38
Central Catholic 37
McNary 35

5A TOP FIVE BOYS

West Albany 66
Summit 62
Thurston 53
Crater 50
Century 42

4A TOP FIVE BOYS

Marist 50
Sweet Home 48
Cottage Grove 40
Hidden Valley 40
Gladstone 38

3A TOP FIVE BOYS

Cascade Christian 62
Westside Christian 44
Nyssa 40
Catlin Gabel 35
Grant Union 33

2A TOP FIVE BOYS

Portland Christian 56
Culver 42
Knappa 41
Union 38
Lakeview 34

1A TOP FIVE BOYS

Joseph 24
Southwest Christian 24
Portland Lutheran 23
Lowell 22
Imbler, Powder Valley,
Umpqua Valley 16

6A TOP FIVE GIRLS

Jesuit 103
Lincoln 46
St. Mary's 46
Southridge 41
Tualatin 39

5A TOP FIVE GIRLS

Summit 93
Crescent Valley 51
Corvallis 46
North Eugene 43
Bend 38

4A TOP FIVE GIRLS

Marist 68
Henley 66
Central 43
Cottage Grove 41
Hidden Valley 29.5

3A TOP FIVE GIRLS

Valley Catholic 80
Catlin Gabel 44
Burns 36
Oregon Episcopal 27
Rainier 27

2A TOP FIVE GIRLS

St. Mary's 65.5
Nestucca 42
Heppner 22
Portland Christian 20
Blanchet, Irrigon,
Santiam 16

1A TOP FIVE GIRLS

Imbler 34
Crane 27
St. Paul 20
Crow 18
Southwest Christian 18

6A BOYS & GIRLS

Jesuit 202
Lake Oswego 94
South Eugene 73
Tualatin 65
Lincoln 63

5A BOYS & GIRLS

Summit 155
West Albany 88
Thurston 82
Crater 80
Corvallis 76

4A BOYS & GIRLS

Marist 118
Henley 90
Cottage Grove 81
Central 74
Gladstone 66

3A BOYS & GIRLS

Valley Catholic 96
Catlin Gabel 79
Cascade Christian 74
Burns 62
Rainier 50

2A BOYS & GIRLS

St. Mary's 82.5
Portland Christian 76
Union 52
Nestucca 48
Lakeview 46

1A BOYS & GIRLS

Imbler 50
Crane 42
Southwest Christian 42
Joseph 40
St. Paul 28

OACA MISSION STATEMENT

The OACA is committed to serve its members by promoting:

- Education through athletics and coaching which will enhance a positive experience for coaches and athletes.
- Coaching Profession certification.
- Enhancement and support of the Coaching Profession.
- Current and pertinent information regarding the Coaching Profession.
- Affordable liability insurance to coaches.
- Recognition of outstanding individuals in coaching and athletics.



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