

OACA Newsletter

SUMMER 2023



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SERVING COACHES FOR 88 YEARS

DIRECTOR'S CORNER

Rob Younger, OACA Executive Director



This school year, the OACA has been celebrating its 88th year of serving high school coaches in our state. It has been a busy and productive year as this year has passed rapidly. We need to thank this year's OACA Executive Board for their outstanding leadership and guidance. Special words of appreciation to Bill Masei, Dallas HS, this year's Board President and our outgoing Board Members, Tony Smith, St. Paul HS and John Beck, Grant HS. Tony has served on the Board since 2015 and will be remembered for his outstanding leadership serving for two years as our Board President during the Covid years. Tony has also served on numerous OSAA Committees representing the OACA, including chairing the Football AD Hoc Committee. John began serving on the Board in 2005, first as a classification Member at Large representative, then as our Board President in 2012-13. The last six years, John has been the OACA representative on the OSAA Executive Board. We greatly appreciate both Tony and John for being great ambassadors for the coaching profession. Our leadership team is excited to have Ronda McKenzie, Westview HS as our 2023-24 OACA Board President. A complete list of the 2023-24 Executive Board and Sport Chairs can be found on our website <https://www.oregoncoach.org/contact-us/our-team/>

Last month, we honored over 350 coaches and family members at the 37th Annual OACA Awards Banquet. In 1986 the first OACA "Coach of the Year" Banquet was held with 50-60 coaches in attendance. 1986 also marked the year where the OACA began recognizing and honoring graduating senior student-athletes. This year, we had over 120 quality applications for our scholarships, with our selection committee choosing fourteen student scholarships, totaling \$18,500 that will be awarded this coming fall. For a complete list of all the scholarship award winners see page 8 of the newsletter. With the fourteen scholarship award winners this year, a total of \$312,000 have been awarded to OACA families over the 37 years of the scholarship program. We greatly appreciate our Sponsors, Pacific Office Automation, Buffalo Wild Wings, BSN Sports, Oregon Army National Guard, Leading Edge Fundraising, Hudl, MaxPreps, Prime Time Sports, Sheraton Portland Airport Hotel, Oregon State Credit Union and Dave Dowling who provide funds that go directly to our scholar athletes.

As rewarding as coaching today's youth is, it is becoming even more stressful. As a coach, we have tremendous influence and impact on our student-athletes. A cardinal principle for all helping professionals is, *"Take care of yourself first, in order to take care of others."* Coaching and teaching today's high school student-athletes is a demanding profession, and the better your mental and physical condition, the better able you will be to help your athletes. A healthy mental and physical lifestyle leads to a better and productive coach. I would challenge each of you this summer to take the time to relax, spend time with family and reenergize yourself. We tend to put so much of ourselves into others that we often forget to take care of us and our families. Have a great summer and take the time to do the things that we don't have time to do during the school year. Read, relax, exercise, etc. and prepare yourself for another great 2023-24 school year.

The OACA is here to SERVE!
If we can ever be of assistance, please contact us.

A handwritten signature in blue ink that reads "Rob".

Rob: ocarob@gmail.com

Office Phone: 541-928-2700



DIRECTOR'S CORNER

Chris Knudsen, OACA Associate Director

During the 1935-'36 school year, a group of high school coaches in Oregon got together and founded the Oregon Athletic Coaches Association in an effort to help coaches in all sports and all classifications in the state. Active coaches led the association until Marv Heater became the Executive Director in 1987. Dave Johnson succeeded Marv and then Rob Younger replaced Dave when he retired and continues to serve as our Executive Director today.

Throughout this time, the mission of the OACA has been the same as when those high school coaches met in '35-'36, to enhance and support the coaching profession, to serve coaches and to provide a "voice" for coaches to be heard. Since that time, there have been more "pillars" added to our mission, but those original components remain in place today. To get the greatest benefit, you will want to become a member, which is very easy to do. See the information on page 12.

Another mission of the OACA is providing Professional Development for coaches. There is so much more valuable information provided at our clinics than just X's & O's. You really need to attend to enhance your coaching. We know that you will enjoy the clinics, get inspired and motivated and get a lot of valuable information to help you as a coach as well as your program. John Wooden, former UCLA Basketball Coach said: "It is what you learn after you know it all that counts". For a listing of next school years OACA coach's clinics, see page 10 of this newsletter.

If you have a concern or a proposal for your sport, simply contact your Sports Chairperson. They and their contact information are listed on our website: oregoncoach.org. The Sports Chairs will take your concerns / proposals to the OACA Executive Board. From there, the OACA will guide it through a long process of various groups and committees to arrive at the answer. It is a good process with great results. There have obviously been many changes since '35-'36 and they usually start with a great idea from one of our coaches!!! It is very nice to know that everyone can have a "voice" to try to improve what is already a great structure for our coaches and athletes.

There are many other benefits of being a member of our association as you can see on page 12, so join the OACA so you can join in on all the great things going on in our great profession.

We hope that you can get some time this summer to relax and recharge before next school year. The great things that you are doing for your athletes and your sport do not go unnoticed. You are having a huge impact on your athletes, your school and your community. We greatly appreciate all you do and we want you to know that the OACA is here to support and serve you just like those founding coaches established 88 years ago!!!

Chris

Chris: oacachris@gmail.com

Office Phone: 541-928-2700

2023 OACA AWARDS BANQUET

On May 27th we held our 37th annual Oregon Athletic Coaches Association Awards Banquet. We had a wonderful turnout this year with over 300 coaches and family members in attendance at this event, which took place in the University of Oregon's beautiful Autzen Stadium Club Level facility. Please see a complete list of award winners on the following pages.

In addition to coaching awards, we also presented plaques to our Years of Service (YOS) honorees. YOS honorees are OACA members who have reached a milestone year in their coaching career. We honored coaches who have reached their 25, 30, 35, 40, 45, 50, 55th year in coaching. Below is a list of our Years of Service Honorees.

25 YEARS

Shawn Alderman
Jake Anders
Corey Anderson
Kendra Anderson
Nate Becksted
Montral Brazile
Tangeila Clark
Joe Colby
Cris Converse
Ryan Dalke
Doug Elam
Aimee Esplin
Darby Flenner
Bill Goldsmith
Mark Hanken
Ryan Harbert
Jim Hull
Leo Lawyer
Heidi Lea
John Linman
Joel Magill
Scott McCarty
Jeff Miller
Greg Noles
Kayne Pedrick
Gary Prince
Steve Ritchie
Ted Rose
Nick Sgambato
Matt Shorb
Lori Stock
Guy Takahashi
Phillip Vesel
Amy West
Parick Wondra

30 YEARS

John Ball
Sherrie Bashaw
Richard Boshart
Dan Brenner
Doug Brown
Klel Carson
Larry Conaway
Jim Gerlinger
Willie Graham
Sean McElhaney
Doug Miles
Corey Nicholzen
Doug Piquette
Mike Putnam
Scott Roth
Brad Smith
Scott Smyth
David Turnbull
Bid Van Loon
Brandi Wittenborn

35 YEARS

Wendy Buhler
Jon Guldager
Phil Hall
Shane Hedrick
Ronda McKenzie
Lowell Norby
Chris Parnell
Steve Pyne
Raymond Williams
Mike Marais

40 YEARS

John Beck
Gary Clowser
Tim Duvall
Charlie Kanzig
C.S. Little
Rick Mudrow
Pat O'Dell
Nick Oosterman
Craig Payne

45 YEARS

Lonnie Beach
Malcolm Doi
Rob Frank
Cary Gatzke
Frank Geske
Bob Holt
Bill Singler
Terrel Smith

50 YEARS

Daniel Acker
Sammy Ibarra
Maureen McElligott
Tom Millbrooke
Jerry Ross
Ronald Smith
Gerry Tinkle

55 YEARS

Mike Mithcell
Les Payne
Robert Thouvenel

NFHS COACH OF THE YEAR AWARD WINNERS

NFHS National Coach of the Year

Greg Grant, Heppner HS - Football (11-Player)
Debbie Kishpaugh, Pendleton HS - Spirit, Dance
Kirsten Ruchaber, Jesuit HS - Girls Tennis



NFHS Section 8 Coaches of the Year

Scot McDonald, Crescent Valley HS - Baseball
Shelly Rawding, Hood River HS - Boys Swimming
Brandy Wormdahl, North Eugene HS - Girls Soccer
Lissa Parker, Taft HS - Girls Swimming
Erin Regali, Sheldon HS - Girls Track & Field

NFHS Oregon State Coaches of the Year

Gregg Griffin, Putnam - Boys Basketball
Monty Hawkins, La Salle Catholic College Prep - Boys Soccer
JD Alley, Culver HS - Wrestling
Ian Berge, Valley Catholic HS - Boys Cross Country
Leif McElliott, McKay HS - Boys Tennis
Tim Duvall, Glencoe HS - Boys Golf
Jonquil Vann, Roosevelt HS - Boys Track & Field
Ray Struve, Bonanza HS - Girls Basketball
Shawn White, Weston-McEwen HS - Volleyball
Nathan Eckman, Roseburg HS - Girls Cross Country
Missy Smith, Oregon Episcopal School - Girls Golf
Chris Arnold, Crater HS - Softball

2022-23 ALL-SPORTS WINNERS

6A Jesuit HS

4A Marist Catholic HS

2A Kennedy HS

5A Crescent Valley HS

3A Catlin Gabel School

1A Crane Union HS

2022-2023 AWARD HONOREES

Assistant Coaches of the Year

Jonathan “Beau” Fullerton - Mazama HS
Mike Larsen - Warrenton HS
Cindy Williams - La Grande HS

Middle School Coach of the Year

Dalton Sheets - La Grande HS
Steve Weisbrodt - West Salem HS

NFF HS Academic Excellence Award

St. Paul HS Football - Tony Smith

Officials of the Year

Rick Dees - Grants Pass Basketball
Eddie Lewis - Klamath Falls Football
John Lynch - Klamath Falls SB/BB

OACA Media Award

Mark Gilman - Salem

OACA Athletic Trainer of the Year

Tina Garcia - Westview HS

OACA Unified Sports Coach of the Year

Kari Bloomquist - Forest Grove HS
Brennan Young - South Salem HS

OACA Community Service Award

Jeff & Bev Heller
Shelby Quintos - Riverdale HS

OAOA Meritorious Sportsmanship Award

Lisa McBee - Nelson HS

Rob Younger Power of Influence Award

Larry Hermida - McDaniel HS
Todd Sahlfeld - Glencoe HS

Dave Johnson Contributor Award

Scott Kellar - Century HS
Bill Masei - Dallas HS

Marv Heater Distinguished Service Award

Chris Knudsen - OACA
John McCallum - Prime Time Sports

2022-2023 COACHES OF THE YEAR

Baseball

6A Joe Monahan, West Linn HS
5A Scot McDonald, Crescent Valley HS
4A Parker McKinley, La Grande HS
3A Steve Stebbins, South Umpqua HS
2A/1A Kevin Moffatt, Kennedy HS

Basketball, Boys

6A Bubba Lemon, Tualatin HS
5A Chris Roche, Wilsonville HS
4A Justin Amaya, Cascade HS
3A Brian Morse, Cascade Christian HS
2A Ben Brown, Salem Academy
1A Eric Nichols, Crane Union HS

Basketball, Girls

6A Korey Landolt, Clackamas HS
5A Joe Williamson, Springfield HS
4A Jason Ramos, Baker HS
3A Nick Rizzo, Banks HS
2A Enrique Sandoval, Gervais HS
1A Robert Day, Damascus Christian HS

Cross Country, Boys

6A Tom Rothenberger, Jesuit HS
5A Justin Loftus, Crater HS
4A Jill Pearson, The Dalles HS
3A Chris Johnson, Siuslaw HS
2A/1A Amanda Isom, Knappa HS

Cross Country, Girls

6A Tom Rothenberger, Jesuit HS
5A Kari Strang, Summit HS
4A Alma Crow, La Grande HS
3A-1A Dan Moody, Enterprise HS

Football

6A Jon Eagle, West Linn HS
5A Corben Hyatt, Summit HS
4A Andy Mott, Estacada HS
3A Jon Gettman, Cascade Christian HS
2A Ben Lane, Oakland HS
1A 8-Player Dennis Dunlea, Lost River HS
1A 6-Player Jerry Anderson, Wheeler HS

Golf, Boys

6A Andy Heinly, Summit HS
5A Mark Kalmar, Corvallis HS
4A Geoff Marlatt, Banks HS
3A-1A Missy Smith, Oregon Episcopal School

Golf, Girls

6A Michele Gray & Laurie Wagner, Jesuit HS
5A Chris Bensel, Wilsonville HS
4A-1A Jessica Young, St. Mary's School

Soccer, Boys

6A Geoff Skipper, Jesuit HS
5A Juan Llamas, McKay HS
4A Daniel Dominguez, Ontario HS
3A-1A David Rosenburg, Oregon Episcopal School

Soccer, Girls

6A Steve Fennah, Jesuit HS
5A Alex Boehm, Wilsonville HS
4A Stefan Schroffner, Marist Catholic HS
3A-1A Morgan Fry, Valley Catholic HS

Softball

6A Pete Kostel, Tigard HS
5A Tim Cary, Pendleton HS
4A Marty Jeppsen, Cascade HS
3A Robert Medley, Burns HS
2A/1A Sam Tacchini, Lakeview HS

Swimming, Boys

6A Bryan Butcher, Jesuit HS
5A Jennifer Robeson, Summit HS
4A-1A Kyle Branche, Catlin Gabel School

Swimming, Girls

6A Bryan Butcher, Jesuit HS
5A Brandon Powers, Bend Senior HS
4A-1A Kyle Branche, Catlin Gabel School

Tennis, Boys

6A Stuart Allen, Lincoln HS
5A Richard Ward, Crescent Valley HS
4A-1A Hedy Jackson, Catlin Gabel School

Tennis, Girls

6A Tom Lefor, Westview HS
5A Mark Orozco, Crescent Valley HS
4A-1A Ron Bronson, Catlin Gabel School

Track & Field, Boys

6A Robyn McGillis, Central Catholic HS
5A Erik Cross, Silverton HS
4A Chad Scriven, Marshfield HS
3A Gregory Hess, Catlin Gabel School
2A Brent Hutton, Bandon HS
1A Reagan Shira, Adrian HS

Track & Field, Girls

6A Vince Kinney, Lake Oswego HS
5A Tyler Bushnell, Crescent Valley HS
4A Joe Fulton, Philomath HS
3A Katy Holcomb, Nyssa HS
2A Kent Rilatos, Coquille HS
1A Amanda Maddux, Damascus Christian HS

Volleyball

6A Martine Wodke, Sheldon HS
5A Troy Shorey, Crescent Valley HS
4A Tammie Montiel, Marshfield HS
3A Becky Kemper, Valley Catholic HS
2A Melissa Holman, Salem Academy
1A Emily Russau, Damascus Christian HS

Wrestling, Boys

6A Kevin Keeney, West Linn HS
5A Kris Davis, Redmond HS
4A Klel Carson, La Grande HS
3A Aaron Flack, La Pine HS
2A/1A Jesse Clark, Illinois Valley HS

Wrestling, Girls

6A/5A Tony Champion, North Medford HS
4A-1A Aaron Flack, La Pine HS

2022-2023 OACA Scholarship Recipients

The OACA annually awards scholarships to high school graduating seniors of OACA members. Scholarship applications are reviewed by the OACA Executive Board, who evaluate applications in the areas of academics, athletic participation and honors, extracurricular activities, and community service. Since the inception of the scholarship program in 1986, the OACA has provided over \$312,000 to graduating student-athletes.

The following are our **2022-2023 OACA Scholarship Awardees**:

Austin Baker, Bend Senior High School
Elijah Bisenius, La Grande High School
Sean Craven, Bend Senior High School
Grady Dunlea, Lost River High School
Michael Hiller, St. Paul High School
Hallee Hughes, Willamina High School
Ellie McMullen, Amity High School
Madelyn Nordtvedt, Enterprise High School
Jozie Ramos, Baker High School

In addition to the student-athlete scholarships, the **Coach Dave Johnson Scholarship** is awarded to a college-bound student-athlete who has overcome obstacles in his or her personal life in order to reach a level of success, both on and off the field of play, that makes them a credit to their team, school and community. This scholarship is sponsored by Dave Dowling, South Salem HS graduate, in honor of Coach Johnson's meaningful impact on his life as a young student-athlete. The following are our 2022-2023 **Coach Dave Johnson Scholarship** awardees:

Lucretia Benolken, Cascade High School
Kavon Bradford, Benson Polytechnic High School
Olivia Payne, Sam Barlow High School

The **OACA Directors and Presidents Scholarship**, created with support from Jennifer & Jarod Tetter and funded by former OACA Directors and Presidents, is to recognize a deserving student-athlete who meets the following criteria:

- Outstanding character, sportsmanship and leadership—a student-athlete who truly stands out among peers
- Emphasis placed on pursuing a career in education
- Emphasis given to multi-sport athlete

The recipient of the 2023 OACA Directors & Presidents Scholarship is:

Gabrielle Thom, Westside Christian High School
Sam Tsiatsos, La Grande High School

VICTORY VICTORY VICTORY VICTORY VICTORY VICTORY VICTORY VICTORY VICTORY VICTORY VICTORY VI



www.OregonArmyGuard.com



COACH GREG GRANT- HEPNER HS & SFC JOE SULLIVAN- OR GUARD

CONGRATULATIONS

TO ALL OACA AWARD RECIPIENTS.

COACHES RONDA MCKENZIE AND GREG GRANT RECEIVED THE OREGON ARMY NATIONAL GUARD COACH OF THE YEAR AWARD.

Are you working with your Oregon Army National Guard Recruiter yet?

Connect with us at: OregonArmyGuard.com/OSAA



SAVE THE DATE

UPCOMING CLINICS

August 11, 2023

OACA Volleyball Clinic
Wilsonville HS

August 12, 2023

Soccer Clinic
La Salle HS

October 13, 2023

OACA/Nike/OBCA Basketball Clinic
Wilsonville HS

February 2-3, 2024

Nike NW Track & Field Clinic
NIKE Campus, Beaverton

March 1-3, 2024

Nike/OACA Football Clinic
Sheraton Portland Airport Hotel



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\$18,760 Sweet Home Cheer



\$14,300 St. Helens Baseball



\$13,402 West Salem Track & Field



\$12,802 Sheldon Baseball



\$12,250 South Medford Baseball



\$10,460 Sandy Baseball



\$10,110 North Medford Softball



\$9,096 Dallas Track & Cross Country



\$8,617 Henley Choir



FUNDRAISER
CATALOG



CONNECT WITH
US TODAY!



INSTAGRAM

OACA MEMBERSHIP 2023-2024

Membership dues when paid by credit card/PayPal have changed for the coming school year due to the increasing credit card processing fees. Our membership dues are:

Gold Card Membership (must be ASEP/NFHS Certified) - \$65 when purchased with cash or check
\$68 when purchased by credit card/PayPal

Retired Gold Card Membership - \$55 when purchased with cash or check
\$58 when purchased with credit card/PayPal

Note: Eligible for retired coaches who are no longer coaching or teaching and have coached at least ten (10) years at the MS, HS or college level.

Regular Membership - \$50 (does not require ASEP or NFHS Certification) when purchased with cash or check
\$53 when purchased with credit card/PayPal

There are many benefits to being an OACA member. A \$2,000,000 liability insurance benefit that covers you for all coaching and teaching activities in/out of season, camp insurance eligibility, reduced-fee sports clinics, OACA e-newsletters, representation for each sport/class to the OSAA for the purpose of improving high school athletics, recognition at our annual awards banquet, state and national awards, eight \$1,000 student scholarships for high school graduating sons and daughters of our members, and a \$50,000 sexual abuse coverage for litigation cost to member who was unjustly accused.

As a part of our partnership with Buffalo Wild Wings, OACA Gold Card members can enjoy a 15% discount when dining at Oregon Buffalo Wild Wings locations. Additionally, our partnership with the Sheraton Portland Airport Hotel has some great travel benefits. When traveling, Gold Card members are eligible for 20% off of a single night room rate including free shuttle to and from the airport and up to 14 days of free parking.

Please Note: Only the Gold Card & Retired Gold Card admits you to High School/OSAA events.

You will receive your Gold Cards electronically through an email from the OSAA Website, Subject line: "2023-24 OSAA Gold Card." The email contains a link for your card and instructions on how to save the link to your mobile device. **We recognize that some members do not have a smart phone. Membership hard copies are available for those individuals. Both the Digital and Hard Copies are valid for admission into HS/OSAA events.** If your phone is unable to process a digital card, contact our office @ 541-928-2700 or laura@oregoncoach.org.

OACA Liability Insurance Info:

The liability coverage policy period is August 1 – July 31 and is activated as soon as you receive your membership card. It covers the coach during their season, off-season workouts, and during summer activities. College and Youth Coaches are not covered by the Liability Insurance policy, the policy only covers High School and Middle School Coaches. As a 2022-23 OACA Member you are covered during this summer's activities. After July 31, our new membership year will begin and you will need to sign up again to be covered Aug. 1st, 2023-July 31st, 2024.

It is in your best interest to sign up for your membership at the beginning of each membership year and take advantage of the entire membership year. It does not matter if you coach a winter or spring sport, you can sign up for your membership as soon as the new school year opens and have the benefit of your insurance for the entire membership year that also covers you when you are in the classroom. Online Membership Registration for the 2023-24 school year will begin on July 3rd at www.oregoncoach.org. **Please note: While Membership Registration begins on July 3rd, digital and hard copies of cards will not be sent out until early August.**



THANK YOU COACH!



Coach - thank you for all you did to make the 2022/2023 school year a success! We look forward to partnering with you and your teams next year. As you prepare for the seasons ahead, please let us know if there is anything we can do to save you time off the field so you can impact the lives on it.



SCAN OR CODE TO START YOUR ORDER



**Les Schwab Bowl presented by Express Employment Professionals
2023 Oregon's All-Star Football Game Rosters Announced – 25th Anniversary and 75th Game Overall!!**

Oregon – The Les Schwab Bowl presented by Express Employment Professionals, is proud to announce the Team Columbia and Team Willamette rosters for one of Oregon's longest-running sports traditions. Beginning in 1948, the Oregon Shrine Games was played in Multnomah Stadium. Today, this annual tradition – now known as the Les Schwab Bowl presented by Express Employment Professionals – is playing its 75th game (25th as the Les Schwab Bowl) and will be showcasing the best football talent in the state of Oregon. A live draft was held with the coaching staff from both teams earlier in the year, and they selected high school players from any grade and playing level, and are eligible to compete with graduated seniors in the All-Star football game showcase. The game truly represents the best of the best Oregon has to offer. Event proceeds from the Les Schwab Bowl presented by Express Employment Professionals will benefit the Oregon Athletic Coaches Association general scholarship fund, the Brayden Bafaro Scholarship Fund, and various youth charities. The Les Schwab Bowl is one of the most well-attended statewide All-Star Games in the country. The 2023 event occurs on Saturday, July 1st, at Linfield University in McMinnville, Oregon, at 6:00 pm. **Any alumni in the game's 75-year history are cordially invited to attend the game and come onto the field during introductions to be recognized, courtesy of Les Schwab Tires, the game's 25-year title sponsor and generous supporter.** Please contact rwalker@primetimepdx.com to arrange tickets. Here are the 2023 rosters for both the Team Columbia and Team Willamette squads:

Team Columbia: Head Coach – Steve Pyne, Central Catholic

Running Backs & Defensive Backs:

Lonnie Burt - Jesuit

Nick Colyer - Wilsonville

Cade Gehlen - Central Catholic

Trey Dieringer - Scappoose

Jamahl Wilson - McKay

Baylor Corbin - Lakeridge

Timmy Mitchell - Central Catholic

Emmett Togni - Lincoln

Shaw Stork - Henley

Max Kirsch - Nelson

Offensive & Defensive Linemen:

Zac Stascausky - Central Catholic

Drew Corcoran - Tualatin

Jace Eveland - Rex Putnam

Ryder McElroy - Wilsonville

Lincoln Mason - Wilsonville

David Fuiava - North Medford

Mitch Mahlum - Liberty

William Davis - Franklin

Reese Hare - Tigard

Hayden George - Lebanon

Kain Robinson - Grants Pass

Dylan Dinh - Grant

Patrick Wooley - Liberty

Oakland Selfors - Rex Putnam

Linebackers:

Zach Davis - Central Catholic

Solomon McDaniel - Central Catholic

Ty Newbury - Central Catholic

Aiden Hazen - Marist

Vaughn Croxton - Tigard

Receivers & Tight Ends:

Zhaiel Smith - Central Catholic

Blake Hurley - Sunset

Leithan Thompson - Sandy

Ethan Burkhead - Thurston

Dylan Munley - Tualatin

Rasean Jones - Baker

Ethan Carlson - Summit

Brett Boen - Kennedy

Quarterbacks:

Cru Newman - Central Catholic

Kasen Covert - Sherwood

Kicker:

Kadyn Butcher - Jesuit

Assistant Coaches: Dominic Ferraro (Tualatin), **Andy Mott** (Estacada), **Mark Gribble** (Sherwood), **Adam Guenther** (Wilsonville), **Charlie Landgraf** (Marist), **Matt Jones** (Central Catholic)

Fans are encouraged to visit www.LesSchwabBowl.com for additional information

Les Schwab Bowl on



Les Schwab Bowl proceeds benefit the Oregon Athletic Coaches Association general scholarship fund and various youth charities. The OACA represents over 3000 members/coaches involving all OSAA sanctioned sports. Charitable work is done through a partnership with the Oregon Athletic Coaches Association, Les Schwab Tires and Prime Time Sports. The OACA has been involved with the game since its inception as the Oregon Shrine Game in 1948.





Team Willamette: Head Coach – Josh Line, Sheldon

Running Backs & Defensive Backs:

Tyler Konold - Canby
Andre Miller II - Gresham

Konner Grant - Tigard
Parker Williams - South Salem

Montreal Brazil Jr. - Jefferson
Jaylan Moore - Sherwood

Offensive & Defensive Linemen:

Hatimu Letisi - South Salem
Sam Keen - Marist
Dawson Relling - Marist
Jaxson Turituri - Cascade Christian
Suliasi Laulaupea'Alu - Sherwood

Sylus Wallace - Jesuit
Peyton Parrish - Sunset
Tanner Thomas - Sheldon
Matix Carpenter - Central Catholic
Brody Borrevik - Marist

Ryan Yakovich - Sheldon
Gabe Rhue - Sandy
Gabe Haines - Central
Kainoa Hayes - Central Catholic

Linebackers:

Dylan Espinosa - South Medford
Keaten Fried - Sherwood

Henry Masters - Tigard

Wyatt Wessel - Lebanon

Receivers & Tight Ends:

Edward Freauff - Crook County
Esteban Mendez - South Salem
Walker Bonar - Thurston
Pete Pennington - Churchill

Zach McEwen - Sheldon
Jaxon Watson - South Salem
Owen Bruner - Kennedy

Jace Swygard - Lakeridge
Niko May - Central Catholic
Noah Holub - Valley Catholic

Quarterbacks:

Kaden Hale - Forest Grove

Deacon Edgar - South Medford

Kicker:

Luis Perez-Villegas - Regis

Assistant Coaches: **Scott DuFault** (South Salem), **Alex Melson** (Grant), **Jon Gettman** (Cascade Christian), **Damon Griffin** (West Linn), **Mark Schmidt** (Sheldon), **Tyler Martell** (Sheldon)

Event Details:

Date: Saturday, July 1st, 2023

Location: Linfield University, McMinnville, OR

Tailgating: 2:00 PM, Gates Open: 3:00 PM, Kickoff: 6:00 PM

For additional information and access to Digital Ticketing, navigate to

www.LesSchwabBowl.com

Fans are encouraged to visit www.LesSchwabBowl.com for additional information

Les Schwab Bowl on



Les Schwab Bowl proceeds benefit the Oregon Athletic Coaches Association general scholarship fund and various youth charities. The OACA represents over 3000 members/coaches involving all OSAA sanctioned sports. Charitable work is done through a partnership with the Oregon Athletic Coaches Association, Les Schwab Tires and Prime Time Sports. The OACA has been involved with the game since its inception as the Oregon Shrine Game in 1948.



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EVERY BODY SMOOTH™

Every First Wax Is On Us*



SHERATON
Portland Airport Hotel



Home of the OACA/Nike COY Football Coaches Clinic

- Group/Team Blocks
- Meeting Space for Team Banquets
- OACA Gold Members Discount

CONTACT OUR TEAM SPECIALISTS
FOR BOOKINGS/INQUIRIES!

503.335.2854
sales@pollinhotels.com



What is an emergency fund?

And why do you need one?

If you've ever experienced the shock of an unexpected financial emergency, you know how devastating one can be. According to Bankrate's Annual Emergency Fund report, 68% of people in the U.S. are worried they wouldn't be able to cover their living expenses for just one month if they lost their job. The majority – 57% – of U.S. adults would be unable to afford a \$1,000 emergency expense.

Because emergencies are unexpected, they can throw even carefully crafted budgets into chaos. If you don't have the funds to cover the additional expense, you may end up taking on debt to cover it. That's why financial experts recommend you maintain an emergency fund.

What is an emergency fund?

An emergency fund is a savings account you set aside in case of an emergency, as the name suggests. It should be separate from your retirement savings or savings for specific goals, like college tuition, a new car or a vacation.

How much do I need in my emergency fund?

Financial advisors recommend you maintain three to six months of income in your emergency savings. You can use that as a general guideline, but your actual goal will depend on your personal circumstances. Think carefully about how much money you would need to support yourself for a while if you lost your job. Do you have dependents to support? Would it be easy to get another job, or do you anticipate a long search?

Where should I keep the money?

You want to keep your emergency funds in an account that is separate from the account you use to pay your bills, or the account where you're saving for a specific goal. Ideally, keep your emergency funds in an account that has a higher interest rate than a simple savings account but where you can still access the money. You don't want to tie up your funds even for a few months; you never know when an emergency will hit.

Money market accounts can be a good choice for your emergency fund. They typically earn higher interest than a savings account, but your money remains available; if you need it now, you can get it now.

How do I build an emergency savings fund?

Many people do not think they have enough income left over at the end of the month to begin saving for emergencies. While that may be true for a small number of people, most people can save if they follow these few steps.



1. Start with small contributions. Find something small you can sacrifice to the cause. Skip your morning stop at the coffee hut once a week, bring your lunch to work occasionally instead of eating out, or use coupons when you go shopping. Take the money you didn't spend and save it. Even something as small as \$15 a week is \$780 a year, and that's a start.

2. Use technology to automate savings. Once you have decided how much you will save, set up automatic transfers of money once a week, once a month or whatever frequency works for you. The trick is to establish a regular, effortless program of saving money.

3. Take advantage of windfalls. Did you get a tax refund? Do you get an annual bonus at work? Maybe your family sends money at holidays or birthdays. Rather than spend those windfalls, save them. They can supercharge your savings.

When do I use my emergency funds?

To understand when to use your emergency funds, it's helpful to understand when NOT to use them. Try to avoid using your emergency savings on nonessential items and services, such as a vacation or entertainment expenses. Consider whether you actually need something to survive. If not, think twice before using emergency fund money for the purchase. In general, you should use emergency savings for large or small unexpected bills or payments that are not part of your routine monthly expenses and spending. Some common examples include car repairs, home repairs, medical bills or a sudden job loss.

THANK YOU TO OUR SPONSORS

The OACA greatly appreciates the continued support from our sponsors throughout this challenging year. These partnerships, are the reason we are able to continue to serve our members and provide scholarships for Oregon high school students.



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The OACA is pleased to have Pacific Office Automation as a Platinum Sponsor of our association. Pacific Office Automation is dedicated to the belief that a team of individuals who constantly challenge each other will develop the skills and manpower necessary to solve any problem. Pacific Office Automation is dedicated to supporting local communities with philanthropic efforts to support academics and athletics. They contribute to these communities through sponsorship, volunteer work, fundraisers, and local business outreach. Their generous sponsorship of the OACA funds our annual awards banquet. Please visit www.pacificoffice.com.



We are very excited to welcome Buffalo Wild Wings as a Platinum Sponsor of the OACA. Enjoy all they have to offer at the various locations around the state. In addition, they are providing Gold Card members a 15% discount when you dine with them. Buffalo Wild Wings is a great supporter of high school coaches and athletes.



Gold Sponsor BSN Sports is very supportive of Oregon High School athletics and are willing to help coaches whenever needed, they have representatives around the state ready and willing to help with athletic program needs. BSN Sports and Nike have partnered with the OACA to sponsor two \$1,000 student scholarships in honor of Bill Bowerman, co-founder of Nike and OACA President in 1938-39 and 1947-48. We also appreciate their annual sponsorship of our Nike/OACA Football and Basketball Clinics.



Leading Edge Fundraising is a Gold Sponsor and the Official Fundraising Company of the OACA. Their sponsorship provides funds that allow us to continue to offer OACA membership at an affordable rate, as well as provide an annual \$1,000 scholarship to a high school graduating son or daughter of an OACA member. Leading Edge Fundraising and Compete Fundraising also sponsors our banquet Coach of the Year awards and is an integral part of our basketball and football clinics. <https://www.lefundraise.com/>

THANK YOU TO OUR SPONSORS



The Oregon Army National Guard is a Gold Sponsor of the OACA. In addition to providing an annual \$1,000 student scholarship, the National Guard offers its service members 100% State Tuition Assistance towards attending Oregon colleges or universities. They also provide job training and experience to those seeking opportunities to serve and give back along with a potential for \$50,000 in Student Loan Repayment and \$20,000 for enlistment and officer bonuses. To learn more about the Oregon Army National Guard please visit: www.OregonArmyGuard.com.



MaxPreps is a valued Silver Sponsor and The Official Statistician for the OACA. They have worked hard to get schools involved in an outstanding athlete and team recognition program. We highly encourage school athletic programs to get involved with MaxPreps. We appreciate MaxPreps' sponsorship as they help support the many services we provide for the coaches in our state. Please visit www.maxpreps.com for more information.



We are excited by our continued partnership with Hudl, Silver Sponsor of the OACA and the OACA's Official Video Software Partner. Funds provided by Hudl help keep membership costs low as well as fund an annual \$1,000 scholarship. We urge teams to explore Hudl's innovative and unique video software technology. Please visit www.hudl.com.



Sheraton
PORTLAND AIRPORT HOTEL

The OACA is pleased to have Sheraton as a Silver Sponsor. The Sheraton Portland Airport has been operating as the closest hotel to the airport for 45 years. With 215 rooms and 22,500 square feet of meeting space it is the perfect location for teams traveling in/out of PDX. The Sheraton can also host large conventions or team banquets with their exceptional culinary and banquet teams. The Sheraton works in conjunction with the Aloft Hotel and Hampton Inn at the Portland Airport to offer even more options when using the Portland Airport area as your home base for team events and travel.

THANK YOU TO OUR SPONSORS



Prime Time Sports, owned by John MaCallum is a Bronze Sponsor of the OACA and provides first-class event management and event planning to premiere sporting and corporate events in Portland, OR and along the West Coast. Relying on past experience and expertise, Prime Time Sports aims to effectively market, operate and manage high quality events catering to the student athletes, participants, fans and corporate sponsors who make the events possible. Efficient and effective event planning and execution is a PTS guarantee.



We are excited by our partnership with Gatorade. Gatorade offers subsidized kit packages exclusively for high school athletics—up to 75% off the retail price. They also offer free mini fridges and sports nutrition messages for athletes that come with free product and equipment for qualifying high schools.



We are proud to have Oregon Sate Credit Union as a provider of a \$1,000 college scholarship to a deserving family member of the OACA. Oregon State Credit Union is an 118,000 member-owned, \$1.4 billion not-for-profit financial cooperative that serves an expanded coverage area of 24 western and central Oregon counties that includes a majority of Oregon. Membership with the credit union is open to anyone who lives or works in these counties. To learn more, please visit oregonstatecu.com or call Laurie Roe at (541) 714-4291.



Jostens is the Official OACA Souvenir & Championship Rings Sponsor. We appreciate the Executive Board President's Ring they supply annually.

2023-2024 OACA EXECUTIVE BOARD

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Executive Board and Sports Chair contact information is available on our website:
<http://www.oregoncoach.org/contact-us/our-team/>



OACA MISSION STATEMENT

The OACA is committed to serve its members by promoting:

- Education through athletics and coaching, which will enhance a positive experience for coaches and athletes.
- Coaching Profession certification.
- Enhancement and support of the Coaching Profession.
- Current and pertinent information regarding the Coaching Profession.
- Affordable liability insurance to coaches.
- Recognition of outstanding individuals in coaching and athletics.
- Representation of Oregon coaches at the local, state and national levels.



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